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***Issue 06 Spring Edition.***

***Student News at the University of Utah School of Dentistry.***



# Letter from the Editor

By Madison Day

Another school year has come and gone and we are excited to send off our graduating seniors to their respective residency programs and jobs! This year has been full of even more service than before, leadership, socials, and plenty of conferences that students have learned from. We have been fortunate in our state funding to allow care to more patients and we have been a fundamental part of one more year of the Give Kids a Smile event. Elections for the new ASDA EC have come and gone, the UDA has held its yearly conference, and ASDA held its second annual Dental Student Lobby Day. To say that this year has been eventful would be an understatement but we are very pleased to have accomplished as much as we have. We have increased our pre-dental membership and provided even more events to high school and collegiate students who are interested in dentistry. We have provided hundreds of service hours at events all over the Salt Lake valley and in lesser developed countries. Our students have proven again and again that they have exceptional leadership qualities while excelling in their dental and healthcare skills. Our students on individual levels have gotten married, had children, moved, adopted pets, and spent quality time with each other to keep the moral of the student body high. We are lucky to be in dental school, but we are more lucky to have each other as a dental school family and our families at home to support us! Happy spring!

~Madison Day  
Newsletter Lead  
ASDA President '17-'18



# ASDA Elections

By Madison Day

*Photos submitted by Bryan and Michelle and Derek Tang*

Another year, another election cycle for our ASDA leadership. This spring we held our elections for the Executive Council of our University of Utah chapter which includes the president-elect, secretary, treasurer, and the legislative liaison. We were fortunate enough to have seven students running for positions, giving us a tight race. We had a good voting turn out with over 70% of students voting! Jaren, our previous president-elect will step into the presidential role and will be welcomed as the fifth president of the U of U chapter of ASDA. Jaren's team has talent and will bring our chapter to new heights through this upcoming year, we are eager and excited to welcome each of them.



**Legislative Liaison: Bryan Henrie, class of 2020**

I'm from the Atlanta area and am a BYU grad. I'm married with three kids under five. I was attracted to dentistry through my hygienist wife and the dentist clients I had as an attorney. They were all doing something they loved while I was in a love/hate relationship with the law. It's been a long, trying process, but I already know a career in dentistry is worth it! I'm hoping (fingers crossed) to practice pediatric dentistry almost anywhere. More immediately, I'm looking forward to promoting our shared interests as dental students at the University of Utah School of Dentistry!

**Secretary: Michelle Howe, class of 2021**

My name is Michelle Howe and I am from Ogden, Utah. After high school, I traded 'the Great Salt Lake' for the 'land of 10,000 lakes' and spent my college years in Minnesota. I earned a degree in Psychology, competed as a collegiate track and field hurdler, and had the opportunity to orchestrate and lead medical-related service trips to Ecuador and Costa Rica. The dental professionals I worked with on these collegiate service trips inspired me to pursue dentistry. With my golden ticket to attend Utah School of Dentistry I returned home and hope to stay here in my future practice!



**Treasurer: William Richards, class of 2020**

I was born and raised here in Salt Lake City, Utah. I attended Highland High School and then went on to the University of Utah for my undergraduate degree in Exercise Science. I recently got married to the love of my life Karen and we have two small spoiled dogs. I enjoy traveling, working out, and spending time with friends and family. I've always been interested in some type of healthcare and have found that dentistry can offer me the life I want. I'm excited to serve as the treasurer for the second year in a row and hope that we can ramp up our ASDA chapter for the years to come.

# ASDA Elections

By Madison Day

Photos by: Megan Modersitzki and Claire Thueson (RIGHT) and Derek Tang (LEFT)

## President-Elect: Megan Modersitzki, Class of 2021

Hey Y'all,

I'm Megan from Amarillo, Texas! I moved to Utah six years ago when I started undergrad at BYU and took a little hiatus from school to serve a mission in Portland, OR, the best city in the world!!

I love dentistry because you get to work closely with people and really improve their quality of life. I knew I needed a career that would allow me to serve people, challenge me, and help me feel fulfilled.

My favorite food is peppermint ice cream, I used to spend all my free time coaching gymnastics, and I love to be outside in the warm sunshine, especially if there is a book in my hands!

I'm excited to learn more about dentistry and about ASDA as I serve y'all the best I can!



## President: Jaren Thueson, Class of 2019

Jaren, (an almost D4!) started his dental career back in 2014 when he decided to switch career paths, take a bunch of extra classes, and go to dental school. Before becoming a Ute, he was (still is!) a true blue Cougar. Yes, it is possible to love both schools!! Jaren received his Bachelor of Science in Business Management at Brigham Young University. He also minored in Portuguese, a language he learned while on a two-year mission for the Church of Jesus Christ of Latter-day Saints to Brazil.

Jaren has been honored to serve in many capacities through dental school. Positions in the ASDA organization include Legislative Liaison, President-Elect, and now President of the ASDA chapter at the school. Jaren is passionate about ASDA because he believes that organized dentistry is the best way to safeguard the profession and enable the highest quality of care for patients.

Aside from his educational pursuits, some of Jaren's favorite accomplishments include catching a fish with his bare hands, baking 1 perfect batch of macarons, (still trying to replicate this one!) hitting a hole-in-one, and his marriage to his really smart wife, Claire, who is currently proofreading this bio.

# ASDA News

## Give Kids a Smile

By Madison Day



From the moment I was accepted at this dental school, I began following the University of Utah's Dental Facebook page. (Totally normal to FB stalk your future school). The photos from previous years' Give Kids a Smile event were on there and I couldn't wait to be able to participate. Everyone in the photos looked like they were having a blast! Which is saying a lot for a bunch of kids getting dental work done. Having worked in a pediatric dentist office previously, I was excited to work with this population again! One of the best aspects in working with children is that you can shape their perspective of dentistry for the future. If we make it an enjoyable experience, going to the dentist won't be scary anymore! The Give Kids a Smile event allows for this opportunity for the patient to have fun while getting dental work done, Swoop even stopped by to say hi! I loved walking around seeing everyone working together for a common cause. People were there because they wanted to be, they realize this type of volunteer effort is critical. In the end of the day, the kids weren't the only ones smiling.

-Kelly Ganzen



Photos by Andrew Johansen

# ASDA News

## *Pre-Dental Simulation Day*

By Ryan Davis



On Saturday, May 5th, the Pre-dental Committee hosted a Pre-dental Simulation Day which was intended to provide undergraduate students with an introduction to the field of dentistry, hands on clinical experiences, and advice on how to improve one's dental school application. This year, participants were introduced to the exciting field of dentistry by listening to a lecture given by Dr. Packer, then learned the basics of oral pathology from Dr. Trump. Then, participants moved into the tech lab and sim lab for the hands-on portion of the day. Here, they took alginate impressions and poured them into stone models, drilled and filled Ivorine teeth with both amalgam and composite filling materials, and learned and practiced suturing techniques. During the day, participants were also given the opportunity to meet with Dr. Lowder in small groups, tour the school, and participate in a Q&A session with dental students. Breakfast and lunch were also provided during the day.

Last year, 70 participants attended the event. The majority of those who attend the event come from BYU, U of U, USU. However we had pre-dental students travel as far as Arizona, Idaho, and even Hawaii to attend this event. Some of the participants who attend this event are simply exploring their career options while some have their sights set on dentistry and are trying to improve their dental school application.

This year, we are hoping to increase the attendance of our pre dental days to a volume to 90 participants. With the increase number of participants and increased amount of hands-on activities, we need a lot of volunteers! Volunteers can help prepare and serve meals, instruct participants in the tech lab or sim lab, and/or give tours of the school. As usual, volunteering for the Pre-Dental Simulation Day counts towards DSL hours. If you'd like to volunteer in the next exciting event, please shoot me a text (Ryan Davis - (801) 831-8629)), or contact Wyman Chen (Vice President), Brock Bennion (Secretary), or Emily Thomas (Public Relations Manager). See you there!



# ASDA News

## Utah Dental Student Lobby Day

By Bryan Henrie

I've got to be honest with you: Lobby Day 2018 was my first experience in the promotion of organized dentistry. I mean, we as dental students spend a significant amount of time hearing about organized dentistry and the benefits of being involved in it, but to go out and feel a part of it for the very first time? Truly rewarding!

But did I lobby anyone at Lobby Day? No. Did I make an immediate impact at Lobby Day? Not that I'm aware of.

So, how was Lobby Day so rewarding? It was in (a) being gathered with several like-minded dental students all with a common political goal, (b) being exposed to the thoughts and experiences of senior legislators and dental leaders, and (c) really understanding that dentistry needs us (you and me) to grow, thrive and stay independent of influences that would undermine both patient care and our livelihoods. (The food and free stuff was great, too.) My point is that, even though I didn't get an opportunity to talk to a powerful person in government or sway any votes on Lobby Day, I was educated and motivated to do it in the future... or at least to add my voice to the chorus of dentists who are active members of the American Dental Association and the Utah Dental Association. Together we are a powerful voice.

An example of the influence of organized dentistry that was shared at Lobby Day is that the ADA represents over 60% of dentists. Legislators are inclined to listen to a lobbying group that represents well over half of all dentists in the U.S. The results speak for themselves: we are a largely independent group of healthcare providers. Life is good for us and for our patients. On the other hand, the American Medical Association, which lobbies for medical doctors, represents under 25% of doctors, down from 75% in the 1950s. Essentially, as their numbers have dropped, so has their political influence, which has resulted in laws that have arguably weakened their profession. We can't let dentistry be the next to go down that road.

Lobby Day 2019 is set for February 11th, so mark your calendars, people. Even if you have only the slightest inclination to protect your future career and patients, I would highly suggest you go. *Photos by Derek Tang*



# ASDA News

## District 10 Conference

Photos and quotes by students who attended

Getting to know other dental students from the district was my favorite part. It was a great experience to make friends from around the neighboring states and hear about their dental education experience! The breakaway sessions had some great, well-known speakers. I learned a ton about managing and growing a dental practice during one session in particular. I am very excited to attend another ASDA conference and I recommend all dental students to attend at least one!

**-Nate Kobold**

My favorite part of the conference were the people involved. I loved spending some time with some of my classmates, as well as some of the D2's, outside of the school setting. A lot of great memories were made during the duration of the conference. Meeting other dental students and hearing successful dentists speak was an invaluable experience and one that I learned a lot from.

**-Nathan Lai**

Overall, the conference was very informative. I learned a lot about the future of the dental field, exciting dental projects/products, and possible pathways for new dental graduates. My favorite part of the conference was the breakout sessions. Different speakers were presenting different topics at the same time, and students can attend the talk that interested them the most. A lot of great speakers, and their talks were mostly based on personal experiences which provide valuable insights on how to manage a practice as well as how to become a better leader and dental professional.

**-Ting Ruan**

My favorite part was getting to interact with other dental students and professionals and getting a sense of all the different perspectives and opinions on various topics regarding the field of dentistry.

**-Kelly Le**



Every time I attend district 10 conference I learn so much about the field of dentistry. It was great to listen and learn from speakers who were so willing to share their experiences and ideas as dental professionals. Also, this conference is such a great platform to meet other dental students as well as vendors.

**-Romeo Barzegari**



# ASDA News

## *Annual Session*

### By Tate Trujillo

Joining Jaren on the 2018 ASDA Annual Session was one of the best dental school decisions I have made. Before that day I had not been active in ASDA at all and I thought this a great opportunity to immerse myself in it. This year, annual session was held in Anaheim, California which was more than a bonus because of the weather and of course, Disney Land. The main goal of annual session was to vote in the new national student leaders of ASDA with students from all over the nation as voting delegates. Jaren and I were the delegates for Utah and it was a great privilege. When we were not in meetings hearing speeches from the running candidates, Jaren and I were eating all you can eat breakfasts and lunch and going to spotlight sessions-hour lectures full of helpful dentistry advice. With the thought of sharing our knowledge with each other, Jaren and I decided to split up and attend different spotlight sessions.

My first session was titled *Landing Your Dream Job: Rocking Your First Six Months*. This session had two recently graduated dentists giving advice on how to rock you first six months of being an apprentice. The big ideas from this session were: set expectations and understand what is expected of you, find at least three good mentors, and to focus on effective communication and building strong relationships with patients and team members.

My second session was titled, *Dentistry at a Crossroads*. This was a very technical presentation that talked about trends with insurances and government aid programs. I came away with a few key points; the supply of dentist continues to grow, dentist workforce is getting younger with a higher share female, share of dentist in DSOs increased in 2016 with Medicaid and CHIP participation increasing slightly in 2016, dentist earnings increased in 2016 after several years of stagnation with busyness increasing slowly and steadily since 2012, dentist fees have increased in most states in the past 5 years after adjusting for inflation, however, dentist reimbursement has declined in the vast majority of states.

On a less serious note, during the trip Jaren and I were able to accidentally get free park passes which we used to live it up in Disney Land! Unfortunately, due to a bad macaroni salad I ate, I got motion sickness on almost every ride, which limited the amount of rides we ended up going on. We had a great time watching Fantasmic and we able to enjoy some churros, hot chocolate, and corn dogs.

We did have some challenges during the trip that Jaren and I somewhat expected. Every event we went to we had to metaphorically beat the girls off with sticks. Even with us making a point to wear our wedding rings the girls just swarmed us like mosquitos after a monsoons season in Arizona. Luckily with each other's help, we were able to escape the annual session unscathed.

During this trip I did catch, what they call, *ASDA fever*, a fever that needs to spread through our whole school. This session was a great eye opener to the importance ASDA plays in the future of dentistry. We as students have a responsibility to be active in determining the future of dentistry and the future of our school. We need ASDA in our school no matter the stakes.

*Photos by Jaren Thueson*



# ASDA News

## *The Value of Organized Dentistry*

By Dr. Okano, DDS, MS



Joining the ADA is one of the greatest privileges a dentist can enjoy during their career in dentistry. One can benefit from membership from their dental student years, throughout a career in dentistry, and even into retirement. The many benefits of membership in organized dentistry can be viewed on [ada.org](http://ada.org).

For graduating dental students and many young dentists, an immediate benefit of ADA membership is obtained through the DRB student loan refinancing program. This allows for a lower interest rate and excellent customer service through this ADA endorsed bank refinancing program. As a young dentist, the ADA contract analysis program can review various third party contracts for no fee. Their analysis can aid in the decision regarding participation with third party benefit programs. An exceptional new program is the ADA's Center for Professional Success. Any dentist in clinical practice would benefit from the many services offered from this valuable ADA benefit. Suffice it to say that membership in the ADA offers so much for any dentist who belongs to the ADA.

As a new dentist, there will be many opportunities to participate with organized dentistry. When I began my private practice in periodontics in Wyoming,

I was asked immediately to represent my component district on a committee for my state. This was a great opportunity to contribute as an advisor to a dental hygiene school in Sheridan, Wyoming. Additional opportunities to serve on many committees for my state dental association developed over the next few years. Ultimately, I had the great honor to serve as the President of the Wyoming Dental Association in 1997. Following this officer position, I became an ADA Delegate to the American Dental Association House of Delegates representing the Wyoming Dental Association for 18 years. It was also a great honor to serve on two ADA Councils during my volunteer career in dentistry.

Currently, I serve as a Trustee for the American Academy of Periodontology. This has been a great opportunity to advocate for my specialty at a national level, along with helping dental colleagues and to help better treat our patients. Experiences have even been of benefit to our UUSOD as I can share very current periodontal information with our students.

Recently, I have been named 14th District Representative for the International College of Dentists. This national position allows me to represent Fellows from 7 western states. Most importantly, I can utilize information gained from this position to again benefit our UUSOD students.

I urge all of our students to accept the generous offer of no ADA dues the first year following graduation and graduated dues for ADA membership for the first five years following graduation. You will gain much from membership over your career.

At some point in your career, you may have time to give back to your profession as a volunteer. This will become a very gratifying experience and you can make a difference in your dental profession and the patients we serve!

**Member**

**ADA American Dental Association®**

**ASDA**  
American Student Dental Association

photo submitted by UUSOD

# ASDA News

## *The Value of Organized Dentistry*

By Dr. AJ Smith, DDS

If you sneaked into a movie without paying, would you feel proud of your ingenuity or guilty for not having honestly paid your own way? Membership in the ADA/UDA is somewhat analogous. Many outside organizations are at work trying to undermine and control the dental profession and the ADA/UDA is the vehicle that keeps the profession viable, strong and self-regulated. Because nearly 70% of all dentists belong to the ADA, it truly represents dentistry and can therefore be effective in its stewardship of the profession. For example, the Pugh and Kellogg Foundations have spent tens of millions of dollars in “targeted” states pushing legislation to allow mid-level providers (dental therapists) to do many or most of the same procedures that you and I perform. Resources and funding from the ADA, working with targeted state associations, have kept dental therapists from being independently licensed all across the country. Lessons learned in one state’s battle are indispensable to success in the next targeted state. Only a tripartite organization (national, state and local) like the ADA can effectively meet this challenge. While all dentists benefit from this effort, if membership decreases substantially, the human and financial resources to maintain and preserve the profession will not be available. Don’t be like the person who sneaked into the movie. Do your part for the profession.

Following graduation, I joined the ADA/UDA, but didn’t get actively involved for ten years, when I was asked to run for a vacancy on the Salt Lake District board. Not knowing what the board actually does, I accepted the offer. A few years later, as president of the UDA I really began to understand how much the UDA does to counter the forces that are undermining the profession and severely impacting dental practices. When I became one of Utah’s delegates to the ADA, I developed a more expansive view of the challenges and forces at work to interfere in the doctor-patient relationship and to further regulate and control the profession. As a member and chair of the ADA’s council on dental practice, it was a privilege to confront issues and develop programs that impact most dental practices each day. Serving as ADA vice president and a member of the Board of Trustees, it was an honor to interact with leaders in other professions in a meaningful way, and to direct the resources of the ADA where they could do the most good for the patients we serve and the individual practices of our members.

While treatment optimally rendered brings great satisfaction, relationships fostered with patients and colleagues are the greatest reward in dentistry. It is the ADA/UDA that can most effectively thwart the outside forces that compromise the doctor/patient relationship and make dental treatment impersonal, mundane, and financially motivated.

Along the way, I have learned that when we are united, collaborative and collegial, we flourish. When we become self-serving, overly entrepreneurial and competitive, we lose the professionalism that has long been the hallmark of dentistry. I encourage each of you to become part of the solution by being active members of ASDA and transitioning your involvement into productive and engaged membership in the ADA/UDA.

-Dr. AJ Smith, DDS



photo submitted by UUSOD

# ASDA News

## Global Engagement: Dominican Republic Trip

By Jordan Sanger

The global engagement lead, Jordan Sanger, worked with the G3 foundation to plan and implement another Dominican Republic service trip in February. Jordan compiled a list of services that were provided, which are listed below.

- **Stainless Steel Crowns:** 35
- **Extractions:** 609
- **Restorations:** 187
- **SRP/Prophysis:** 131
- **Interim removable protheses:** 30

The involved students on this trip were Mark Ashcraft (D3), Alex Roegiers (D3), Rustin Hawker (D3), Piper Dankworth (D3), Erin Winters (D3), Anje Walsh (D3), Heath Bateman (D4), Jake Greaves (D4), Luis Franco (D4), Kyle Perkins (D4), Jessica Ash (D4), Ashley Boettger (D4), Alex Clark (D4), Jordan Sanger (D3), and a student from Creighton named Lane.



Photos by DR Trip Participants

# UUSOD News

## Student Doctor Who?

By Madison Day, Photos Submitted by Dentists

Have you ever had a moment where the clock is just ticking closer and closer to end of a clinic session but you still have to take an impression and make a temporary for your crown? Where your gloves look translucent due to the amount of stress sweat your hands are experiencing? Where you suddenly become clumsy and manage to knock over the two instruments you really need onto the clinic floor? Sometimes it is nice to be reminded that our mentors- the people who teach us dentistry daily, the people who hound us for not having a gingival seat smooth enough, the ones who make us re-take an impression even though it may be clinically acceptable but could be just a little better in one spot - were once that way too. I interviewed three of our attending faculty to gain a little perspective on their dental school years. We greatly appreciate the knowledge our attendings share with us and I know that I am grateful for the patience they have especially when high stress situations make me a little sassier than I should be.

### 1.

- This past student doctor graduated from University of Washington in 1968.
- This student was on an LDS mission and had a dental problem but it was very difficult to get into a dentist, spurring an experience that made them want to change the field of dentistry. At the time this student did very well in chemistry but didn't want to become a chemist, so the field of dentistry appealed to them.
- This student had \$3300 worth of debt when they graduated.
- The worst part of dental school for this student was perio in both clinic and class.
- The best part of dental school for this student was oral surgery.



### 2.



- This past student doctor graduated from Loma Linda University in 2011.
- This student knew they wanted to be in the medical field and worked as a dental assistant before dental school.
- This student had \$375,000 worth of debt from dental school.
- The worst part of dental school for this student was getting back into studying and the didactic side of school after working for a couple years.
- The best part of dental school for this student was all of the friends and colleagues that they met in dental school. All of them still ask for advice and get together whenever possible.

# UUSOD News

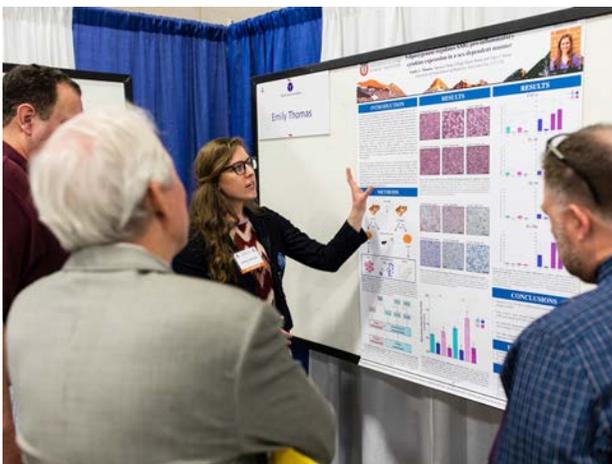
## *Student Doctor Who?*

By Madison Day

- 3.
- This past student doctor graduated from Loyola University in 1987 and worked on a Native American reservation for the IHS in Montana for about 18 months after.
  - Initially this student didn't want to be a dentist. This student was sitting in the dental chair getting work done and was asked by their dentist if they considered dental school due to the questions they asked. That was the spark to this student finding a passion in dentistry.
  - This student had \$47,000 worth of debt when they graduated. At the time, Loyola was about four times the cost of a state school.
  - The worst part of dental school for this student was the amount of hazing they experienced. Students went through all of the challenges of school work and lab work but then had stressors that professors and attendings placed on them, ie: crushing a wax up, not allowing students to place alloys because of time crunch and making them place temporary restorations, etc. School was unnecessarily stressful and a lot of people cried often.
  - The best part of dental school for this student was the family and comradery that the students had with everyone. They worked hard and then partied hard together. It was hard to see studetns leave at graduation.

### *So who is who?*

1. Dr. Tolboe, 2. Dr. Bullock, 3. Dr. Sergakis.



The dentists we work with on a daily basis never cease to amaze us all in the support they have in our education and dreams. At the 2018 UDA convention, our attendings, administration, and faculty took time to support our students in the research poster competition. We had multiple students from our school and from the Roseman dental school present research that they had accomplished through the 2017-2018 school year.



Photos by Derek Tang

# UUSOD News

## Farewell to the Class of 2018

By Dr. John Colombo, PhD, BSc

### A Three Hundred-Word Farewell

Three hundred words, to say farewell, are not a great number. It is difficult, if not impossible, in such a brief passage to truly express our pride in watching you all grow in knowledge and skill, from [occasionally] eager D1 students to newly qualified D4s ready to navigate the various pathways of this profession. It is an occasional quirk of human nature to imagine that things will continue on indefinitely as they have for a time. Life, however, continually changes our circumstances, giving the lie to such suppositions. To wit, we find ourselves here, on the cusp of your great leave-taking from this place and this time, never again to be assembled in the manner in which have found ourselves these past four years. Euripides told us that ‘All is change; all yields its place and goes.’ On reflection, these occasions are tinged with both profound joy and solemnity in equal measure; we have gained in that we have seen you attain your goals and conclude your purpose here, yet we have also lost, as this attainment, in itself, necessitates your departure. Remember, however, that neither time nor distance can take the memories of the moments you have passed here with us and with each other. This is not an occasion to grow nostalgic, regretting that a time has passed, but rather to celebrate with hope and excitement as you reach to embrace the futures that await each of you.

Three hundred words are too small a vessel to convey all of our thoughts on your leaving. But they are enough to say well done, to give you our best wishes, to express that we are proud of you all, and to encourage you to never stop striving to be a better dentist, come what may.



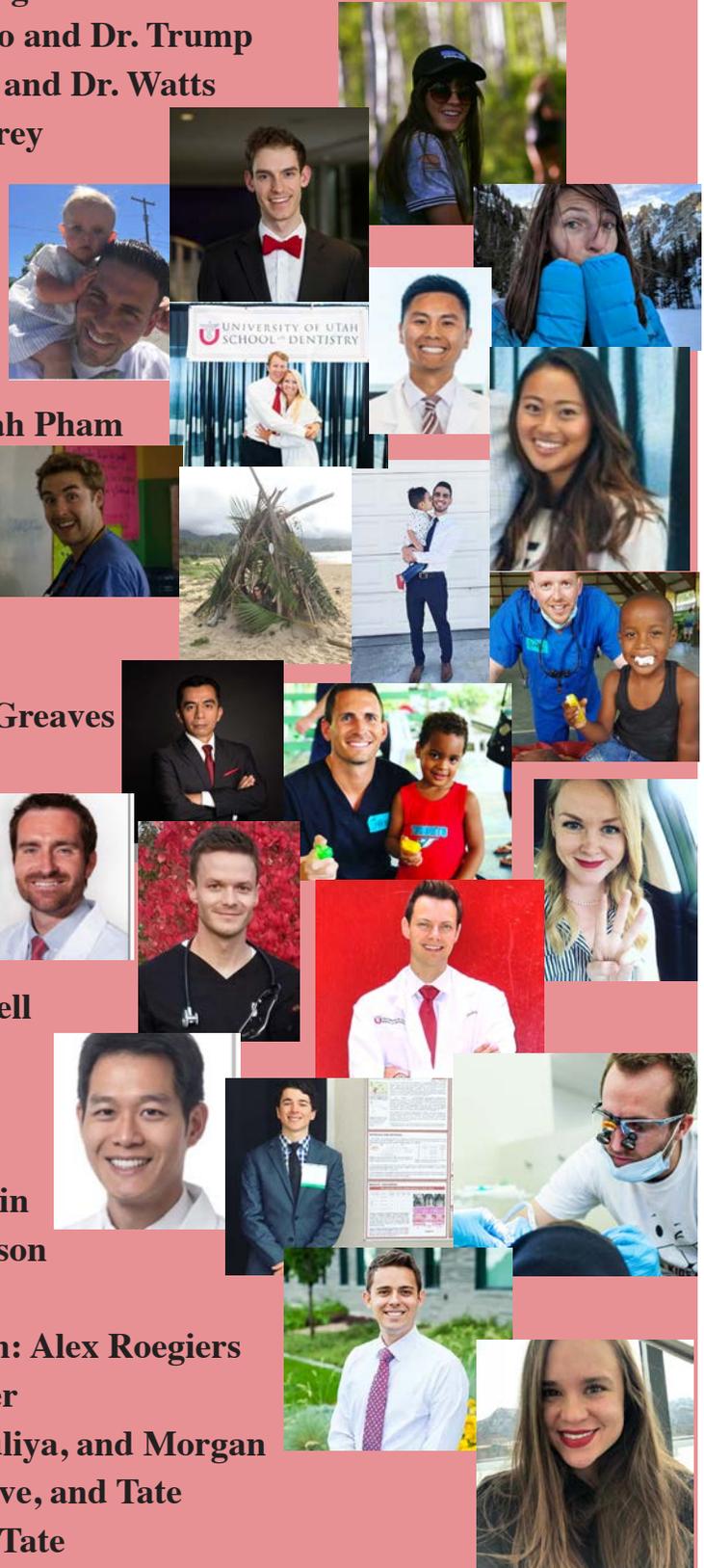
Assorted photos from FaceBook

# UUSOD News

## Student Awards

### Photos from the PowerPoint

- **ASDA student advocate: Dr. AJ Smith**
- **Outstanding student advocate: Dr. Keddington and Dr. Fleckenstein**
- **Outstanding didactic faculty: Dr. Colombo and Dr. Trump**
- **Outstanding clinical faculty: Dr. Sergakis and Dr. Watts**
- **Outstanding support staff: Telisa and Aubrey**
- **D1 leadership award: Madison Hauritz**
- **D1 teamwork award: Kelly Ganzen**
- **D1 service award: Carter Bruett**
- **D2 leadership award: Jake Haslam**
- **D2 teamwork award: Marilyn Saddler**
- **D2 service award: Wyman Chen and Sarah Pham**
- **D3 leadership award: Alex Roegiers**
- **D3 teamwork award: Anje Walsh**
- **D3 service award: Tate Trujillo**
- **D4 leadership award: Juan Diaz De Leon**
- **D4 teamwork award: Heath Bateman**
- **D4 service award: Luis Franco and Jake Greaves**
- **ASDA leadership award: Madison Day**
- **Pierre Fauchard award: Tate Trujillo**
- **Excellence in Ethics: Andrew Horton**
- **Community engagement: Tate Trujillo**
- **Excellence in research: Madison Day**
- **Excellence in endodontics: Connor Cockrell**
- **Excellence in oral surgery: Anje Walsh**
- **Excellence in orthodontics: Chris Fanelli**
- **Excellence in Pediatrics: Tate Trujillo**
- **Excellence in Periodontics: Lance McGavin**
- **Excellence in Prosthodontics: Jaren Thueson**
- **Equity and inclusion: Derek Tang**
- **Excellence in conservation and restoration: Alex Roegiers**
- **Excellence in special care: Lauren Greener**
- **D2 excellence in patient care: Marilyn, Yuliya, and Morgan**
- **D3 excellence in patient care: Connor, Steve, and Tate**
- **D4 excellence in patient care: Jessica and Tate**



# UUSOD News

## *Medicaid and Floss*

By Dr. Glen Hanson, DDS, PhD



Photo by Derek Tang

I agreed with Madison Day (D3) when she suggested that it would be worthwhile to educate our students about some of the patients they are called upon to serve, where they come from, what makes them special, and how they are helping to define our University of Utah School of Dentistry (UUSOD). Since first occupying the brand new Ray and Tye Norda Oral Health Science Building ~ 3 years ago, we have come a long way in our journey to achieve prominence as a national leader in oral health education and service. Our SOD has demonstrated the ability and inclination to develop and apply creative strategies for preparing our students to succeed in a dental profession that is assuming a critical role as part of primary health care teams. Members of our outstanding faculty, staff and student body have all endorsed this effort and joined their tremendous energy, time and talent to achieve these objectives.

It is not possible to detail all that has, is, or will happen in this endeavor to achieve excellence, but the well-known Medicaid Dental and FLOSS programs will be briefly discussed here to illustrate a process that has been successful and has the potential to help create a rich, stable

patient pool not only for our students, but also for residents as well as faculty practice programs. Medicaid and FLOSS have been lynchpins in this effort for the following reasons: (i) they are consistent with our cornerstone mission to care for underserved patients; (ii) they have led to the reliable development of a medically integrative source of patients utilizing political, legislative and research resources; (iii) they provide an opportunity to serve the community in the care for especially needy medical/dental patients in a manner that is fiscally responsible and sustainable; and (iv) these efforts are enthusiastically supported by our principal stakeholders including the State Legislature, local dental and general communities, and the University of Utah Health Care System. In addition, these first-of-a-kind approaches have received rave reviews nationally for their innovation, outcomes, and their implication for future training of dental professionals and the integration of oral health into primary care medical models. The following are brief glimpses of Medicaid Dental and FLOSS intended to better acquaint the students with these programs so that they can appreciate the nature of these patients and benefit from the opportunity to serve them.

**FLOSS:** This is an acronym referring to Facilitating a Lifetime of Oral health Sustainability for Substance use disorder patients. It is supported by competitive funding from HRSA (Health Resources and Services Administration; a federal agency devoted to developing workforces to provide care for underserved populations). This \$1.5 million grant provided funding from Oct. 2015- Sept. 2018. It consisted of a partnership with two treatment centers for Substance Use Disorders (SUD) known as the First Step and Odyssey Houses. The objective was to integrate comprehensive oral health services with SUD treatment to determine if this combination positively impacts the SUD treatment outcomes.

**Results:** FLOSS has included dental care for >300 adult SUD patients over the course of the 3 years. The program has been very well received by both SOD students and faculty as well as by the staff and patients at the SUD treatment centers. In summary, by combining comprehensive dental care with SUD management these patients

# UUSOD News

## Medicaid and Floss

By Dr. Glenn Hanson, DDS, PhD

stayed in their drug programs almost 2-times longer, and at discharge they were ~3-times more likely to have employment, ~2.5-times more likely to be drug-abstinent and 50% less likely to be homeless. We heard of many examples of patients who attributed the SOD-provide dental services as life-changing experiences and credited as responsible for success in the SUD program.

**What Now?:** Our students, faculty and staff should take great pride in knowing they have been essential in this study and their efforts have important future implications. For example, the above findings are in the process of being prepared for publication in a national journal. In addition, these results were presented to the Utah State Legislature in their 2018 session and resulted in the unanimous passage of House Bill 435 which in essence makes FLOSS a permanent component of the U of U SOD Medicaid Adult Dental program throughout Utah. This program remains to be approved by the Federal Medicaid Office, but if all goes as expected, it likely will support expansion of the SOD network statewide.

**Medicaid Adult Dental:** Medicaid is a medical program for underserved based on economic and medical (both physical and mental) needs. It is supported by a matched formula with the state paying ~30% and the Federal government paying the remaining 70%, of the cost. Until July of 2017, Utah Medicaid did not cover adult dental services, with a couple of minor exceptions. Due to considerable planning for several years, a legislative proposal was prepared by a few faculty members, working closely with Representative Steve Eliason, and was unanimously passed by both the House and Senate. This bill identified ongoing state money that with federal match dollars covers the expenses of providing complete dental care for blind and disabled Medicaid adult patients throughout the state of Utah. The bill specifically identifies the UUSOD as a primary provider of dental care for this population especially in the Salt Lake Valley, but also throughout the state where possible.

**Results:** Although the total numbers of eligible patients covered by this program throughout the state, or

more specifically those who will seek dental care from the SOD and its affiliated networks, can only be estimated roughly, including the FLOSS-like program mentioned above, it is likely that the total number eligible in Utah approaches 40-45,000 patients. The number who will eventually select the UUSOD as their dental home is more difficult to estimate, although as of now that number has exceeded 3,000, makes up ~50% of GPR, 100% of Greenwood student, and ~15-20% of the SOD patient populations. These numbers are likely to grow considerably over the next few years.

**What Now?:** Medicaid is a dynamic medical program intended to provide reliable comprehensive primary health care for patients who do not have access to commercial offerings. It is likely that in the future that other opportunities will come to the UUSOD increasing its involvement in comprehensive primary health care and Medicaid services. Such opportunities will further establish the UUSOD as a leader in developing unique service and education experiences in Medicaid oral health programs.

**Conclusion:** The FLOSS and Utah Medicaid Adult Dental programs and their relationship with our SOD are unique to the University of Utah. They have become critical to our students because of their potential to provide an abundance of patients rich with oral health needs and unique medical experiences. Such exposure will serve our students well as they prepare to manage patients as part of a primary care team.



Photo by Derek Tang

# Student Life

## *Odd Jobs: Ways Students Make Money*

By Peter Mortensen and Mark Ashcraft

### **Tutoring to Get Through**

As a D2, I started tutoring in Italian, Math, Guitar, and ACT Prep. Tutoring is a blast, and it allows me to have a flexible work schedule. I recommend tutors cater to their strengths. There is a great demand for Chemistry, O Chem, and especially MCAT tutoring. I have stayed busy enough with other subjects that I haven't felt the need to brush up on those subjects. I know of one dental student at another school who was a tennis state champion and played in college. He now does one-on-one tennis lessons for top dollar.

Early on, I found most of my students through online services. Most tutoring websites take a cut of your fees. Word of mouth helped to build my client base. I teach students both online and in person. I set my hours each week and usually teach for 14-15 hours. I have found that flexibility is both a good and a bad thing: it makes it easy to take time off and travel to visit family, but it also is important to have clear expectations regarding cancellations or else your business will flounder.

Above all, I think it is important to keep your goals clear when working during dental school. The first and most important goal is to become a good dentist. Beyond that, tutoring has allowed me to improve other people's lives, limit my student debt, and have a rewarding and enjoyable side hustle.

-Peter Mortensen



### **Buying and Selling Your Way Out of Starvation.**

Beginning dental school, I knew that I wouldn't have much time for a job, but I couldn't just sit back and watch my debt grow. I decided to get a job as an Uber and Lyft driver because I could work as much or as little as I wanted. For the first two years of dental school, this worked out pretty well, and I was able to study in my car between rides. Eventually, sitting in my car for hours each day got old, and I decided to try making money buying and selling things off of KSL classifieds. Over the last year, I have bought and sold two cars, 10 TV's, and over 50 iPhones. The trick to being successful is being able to recognize amazing deals quickly so that you can act on them immediately. You can then turn around and resell them for what they're actually worth. This isn't for everyone, and Apple would probably sue me if they ever found out, but it's been a great way for me to make a little extra money during dental school.

-Mark Ashcraft

# Student Life

## Service Events

Photos submitted by students

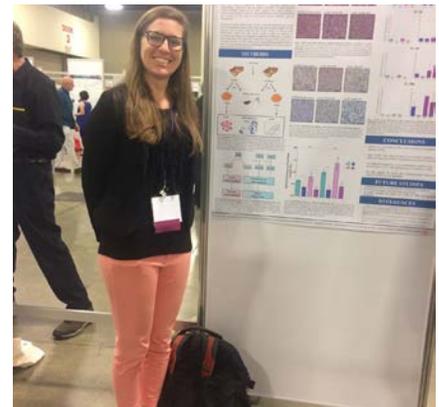
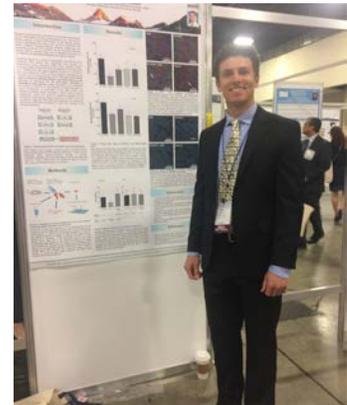


# Student Life

## Student Projects



Photos by UUSOD



This March I had the opportunity to travel to Fort Lauderdale, Florida to attend the AADR (American Association of Dental Research) annual conference for the second time. In addition to getting sun burned on the beach, I enjoyed listening to interesting talks about cutting edge research, meet dental researchers from across the country, and present my own research. For the past two summers I have been involved in Dr. Baker's lab helping to develop an alternative treatment for Sjogren's Syndrome. As we ALL know by now, Sjogren's Syndrome is an autoimmune disease that affects the salivary glands leading to hyposalivation and xerostomia. My research looks to use Resolvins, a family of endogenous mediators of inflammation, to reverse Sjogren Syndrome phenotypic manifestations. It has been an excellent experience working in Dr. Baker's lab and I hope to continue my research over the next summer.

-Ryan Davis, D2



Photo by Derek Tang

# Student Life

## Student Projects

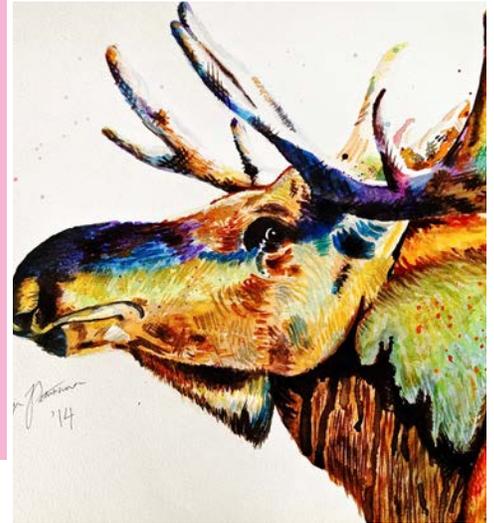
### A.R.T. Project

By Yuliya Petukhova, D2

The central goal of the “Art to Restoring Teeth” project is to increase our community’s quality and access to healthcare. Art can be used as a medium to create a means of providing assistance to facilities dedicated to serving families with limited resources. As part of this project, I am currently drawing/painting for faculty, students, and staff at the School of Dentistry. I suggest a donation for every piece I do, but the ultimate donation amount is up to you! All proceeds go to the Midvale CBC Clinic, where the money will be used to reduce treatment costs for patients receiving dental care at the UUSOD student evening clinics.

I use watercolors or pencil and can draw anything from portraits to landscapes and everything in between!

Please reach out to me if you are interested in ordering some artwork or know an artist willing to donate a piece! [yuliya.petukhova@hsc.utah.edu](mailto:yuliya.petukhova@hsc.utah.edu)



# Student Life

## Residency

By Alex Piedra and Melissa Pysnak

Residency is quite the spectacle. Or should I say the application process is since I haven't actually started my pediatric dental residency yet. The process starts long before the deadline in Nov/Jan. Somethings that helped me with the application process was talking to others who have already gone through it. I started with my CV. I looked at what I had accomplished so far and if I had more room to grow. I also consulted with some friends and saw what experience they had and tried to emulate that with opportunities I had at the Dental school. Then while that was getting polished slowly I started to work on my personal statement in July. I'm a terrible writer and I knew that was a weakness of mine so knew I would need plenty of time to polish that up. I ended up with 12 drafts until I found the right one. I worked with students and even professionals to help edit my statement during those months.

In August I ended up finishing my CV and started budgeting. I planned out how much the cost of applying to 20+ programs would be and the cost to stay somewhere, flights etc. Luckily I had someone at every program who I knew that I could stay with which saved on cost. It's important overall to build yourself as a person throughout dental school. Also experiencing some research, getting good grades, building a solid CV, and statement are all pieces to the puzzle. In the end it's how you prepare the puzzle and get the pieces together that helps the residencies see the big picture. I ended up with 14 interviews and matched. In the end have faith and ask for help when you need it. There are faculty and students all around you whom are all so supportive and will help you in your journey; wherever that may lead. If you ever need me to help you look me up on Facebook and I would be more than happy to assist you on the journey!

-Alex Piedra

## Applying? What should I know!

Applying for residencies is an exciting time in your education. The more prepared you are going into it, the smoother the whole process will run. Here are a few things to keep in mind:

**PASS/MATCH:** The first step is setting up on on-line PASS account. PASS provides you with a central location for your application. The application has been standardized and can be sent to your selected programs. Most postdoctoral programs utilize PASS. However, you will have to mail some things to your respective programs so make sure you know what each program requires. I recommend contacting your programs personally as their websites are not always accurate.

**MATCH** is system that matches students to their programs of choice. It is accessed through your PASS account. **APPLYING FOR PASS DOES NOT AUTOMATICALLY ENROLL YOU IN MATCH.** As you narrow down programs to apply to, pay attention to whether or not they participate in MATCH.



# Student Life

## Residency

By Alex Piedra and Melissa Pysnak

Non-MATCH programs will let you know if you were accepted prior to MATCH day. If you accept a position with one of those programs, you are legally required to pull out of MATCH.

**TIMELINE:** The PASS application opens up in May and applications begin to be available to programs in June. Pay attention to deadlines, especially for participation in MATCH. Although applying later on in the cycle won't necessarily hurt you, some programs have windows for accepting applications so pay attention to when those are.

**MONEY:** Fees add up quickly, so plan accordingly. There is a cost associated with each application you send out, including MATCH registration.

**EXAMS:** Know if your program requires you to take the ADAT, GRE etc. Your NBDE scores are reported in the "deans letter". If you haven't taken NBDE II before you apply, the dean will include your planned date in his letter. ADAT scores are sent directly to PASS.

**APPLICATION:** You will submit information regarding biographical information, background information, professional experience (includes teaching experience, relevant work experience, public health experience), awards, scholarships, and extracurricular activities. Most programs request official undergraduate and dental school transcripts, 3-4 letters of recommendation, a "deans letter" which includes your NBDE scores and ranking, a CV and personal statement. PASS will have a checklist available to you to help guide you through the process.

Start writing your CV now. Before you submit it, have several different people proofread it as well as your personal statement. It is also EXTREMELY helpful to have a spreadsheet to track participation (including dates and hours) in service, humanitarian trips, externships, research, clubs and conferences, as well as any scholarships, awards and certifications received.

**LETTERS OF RECOMMENDATION:** These are so important! Select instructors who have worked with you and know your character and work ethic.



We have wonderful faculty who are very willing to help. Make sure you approach them early on so they have plenty of time to write their letters. They will want to know when to have their letters submitted by so be mindful of that.

**HEADSHOTS:** You will need to send headshots to individual programs so arrange to have those taken and printed out (usually passport size).

You can read more information about the application process on ADEA's website. Overall, be thorough and make sure you know what each program requires. The earlier you begin the better. Good luck!

-Melissa Pysnak

***Congratulations to our graduating seniors that made it into residency programs!***

- Marissa Bergthold: OS Internship, Ohio
- Alex Clark: AEGD, North Carolina
- Luis Franco: Endodontics, Massachusetts
- Riley Hunsaker: Orthodontics, Virginia
- Carsen McDaniel: AEGD, Washington
- Justin Moody: Pediatrics, Utah
- Alex Piedra: Pediatrics, Washington
- Melissa Pysnak: GPR, Utah
- Andrew Ray: Orthodontics, Georgia

# Student Life

## Spring 2k18

All photos submitted by Dental Students



# Student Life

## Spring 2k18

All photos submitted by Dental Students



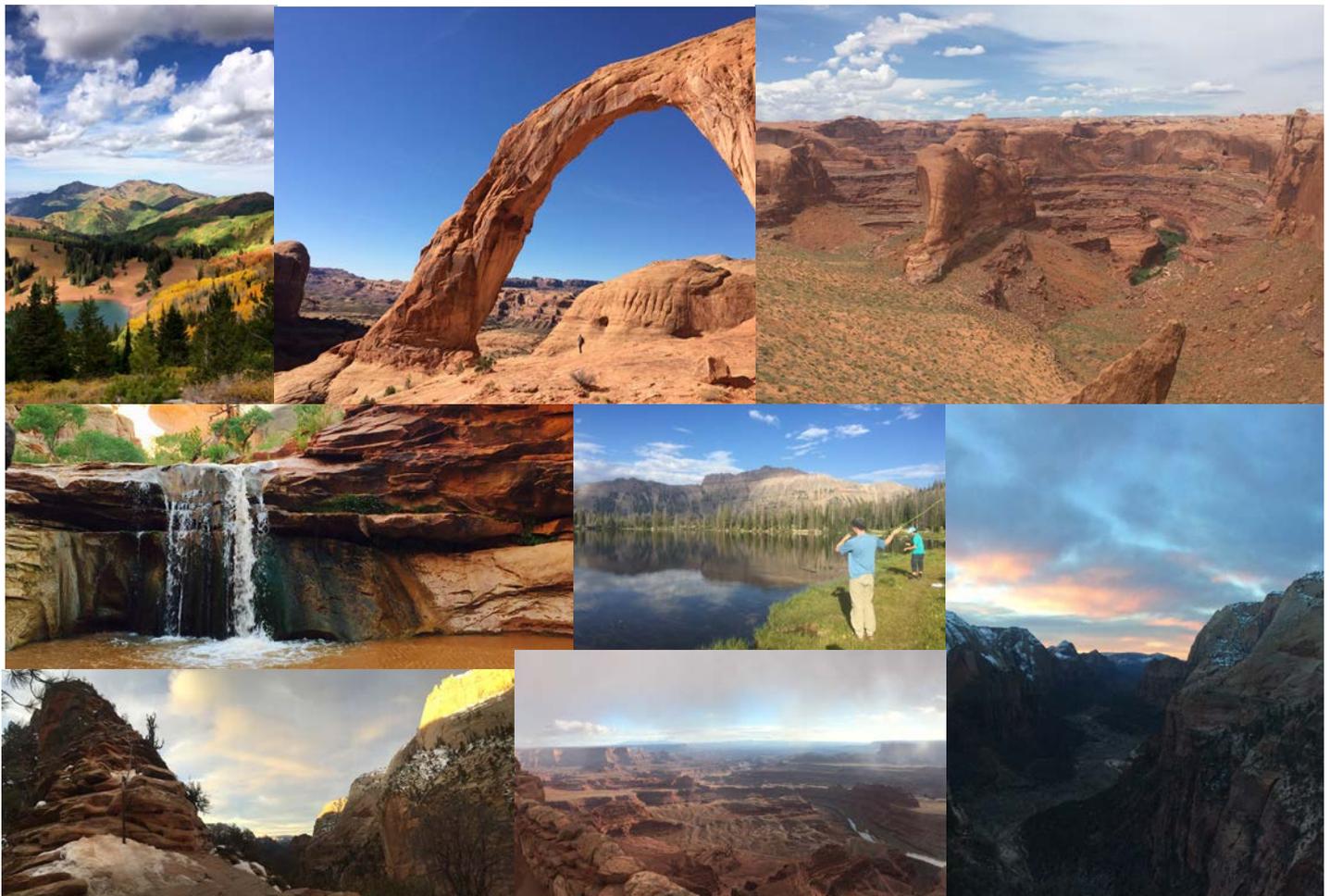
# Student Life

## *Bea-UTAH-ful*

By Alexander Roegiers



When the Mormon pioneers travelled down emigration canyon for the first time, they exclaimed “Hooray this is the place.” Some say these western travelers chose the Salt Lake Valley to escape religious persecution, others would say they just wanted their descendants to have a sweet place to live when humanity finally got around to inventing powder skis, climbing equipment, and full suspension mountain bikes. Ultimately the true reason has been lost to the sands of time, but the students of the UUSOD benefit every day from that decision, having the opportunity to live in the most bountiful areas of outdoor recreation in the continental US. If thick wooded forest is your jam, I encourage you to check out the Uinta Wilderness Area. A short 1.5 drive puts you in the heart of the Mirror Lake Highway, a perfect place to fly fish or backpack with classmates. If the southern Utah desert is more your flavor, I urge you to explore one of 5 national parks within 4 hours of the school. For a nominal price of 80 student loan dollars, you can recreate to your hearts content in these protected public lands. Sometime in your four years, put the books away, the lab work can wait, go get outside and experience the Bea-Utah-ful landscape this state has to offer.



# Student Life

## Delicious Recipes

By Sarah Pham

### Shiitake Mushroom & Tofu Potstickers

**(Vegan/Plant-Based)** Adapted recipe by Kitchn  
Makes 55 to 60 potstickers

#### Ingredients:

- 4 oz shiitake mushrooms, stems removed and caps diced small
- 1 lb napa cabbage, quartered down the length and thinly sliced across (~5 cups)
- 1 tsp salt
- 6-7 oz baked tofu
- 3-4 scallions, thinly sliced across
- 1/2 tbsp minced ginger
- 1 clove garlic, minced
- 1 and 1/2 tbsp rice wine vinegar
- 1 tbsp soy sauce
- 2 tsp sesame oil
- 1/2 teaspoon black pepper
- 50-60 circular or square-shaped (4.5-inch) dumpling, wonton, or gyoza wrappers
- To serve: soy sauce, rice wine vinegar, red pepper flakes

#### Directions:

Heat 2 teaspoons of oil in a large skillet over medium-high heat. Add the diced shiitake mushrooms and sauté for about 5 minutes, until softened and turning golden brown. Add the cabbage and the teaspoon of salt to the pan. Continue to cook, stirring occasionally, until the cabbage is completely wilted, 3-4 minutes. Transfer the mixture to a bowl and set aside until cool enough to handle. Meanwhile, crumble the tofu into a large mixing bowl. Add the scallions, ginger, garlic, soy sauce, rice wine vinegar, sesame oil, and black pepper. Stir to combine. Squeeze handfuls of the cooled mushroom-cabbage mixture in your fist to squeeze out as much moisture as possible and transfer to the tofu mixture. Stir to combine all the ingredients and taste. Add more of any of the seasonings to taste. Set a bowl of water and a baking sheet lined with parchment paper near your workspace. Lay several dumpling wrappers on the work surface and place a scant tablespoon of filling in the middle of each. Dip a finger in the water and run it around the edge of the first dumpling wrapper. Fold the wrapper over and pinch it closed. If the wrapper opens again, dab it with a little water and pinch again. Repeat with remaining wrappers until all the filling is used. At this point, the potstickers can be cooked immediately or frozen for later meals. If freezing, arrange them as closely as possible on the baking sheet without touching. Freeze until solid, then transfer to a freezer container

and freeze for up to three months. Potstickers can be cooked straight from the freezer while still frozen. To cook the potstickers, heat a large skillet (with the lid nearby) over medium-high heat and coat the bottom with about a tablespoon of oil. Place as many dumplings in the pan as will fit in a single layer without touching. Cook until the bottoms have turned golden-brown, 1-2 minutes. Pour 3 tablespoons of water into the pan and immediately cover with a tight fitting lid. Turn the heat to low and steam the dumplings for 3-5 minutes if fresh or 6-8 minutes if frozen, until all the water is absorbed and the wrappers are translucent. If you'd like even crunchier bottoms, return the heat to medium-high and cook, uncovered, until the bottoms are as crispy as you like them. Transfer potstickers to a serving platter and repeat with remaining dumplings. Serve immediately with soy sauce mixed with rice wine vinegar and red pepper flakes for dipping.

**Chickpea Butter Masala (tastes just like Chicken Tikka Masala but healthy!)** Adapted Recipe from: *Vegan Richa*

#### Ingredients:

##### Butter Sauce:

- 1 tsp oil or vegan butter
- 3 cloves of garlic finely chopped
- bay leaves
- 3 large ripe tomatoes or 1 15 oz can diced tomatoes
- 1 inch cube of ginger 1/2 inch chopped or 1 tbsp of ginger paste
- 1 hot or mild green chile julenned or thinly sliced or use very thinly sliced green bell pepper
- cashew cream made with 1 cup soaked 30 min cashews blended with 1/2 cup water
- 1 tsp garam masala
- 1 tsp paprika or kashmiri chili powder
- 1/2 tsp cayenne 1 tsp cinnamon
- 1/2 cup water
- 2tsp kasoori methi - dried fenugreek leaves
- 1 tsp salt
- 1/2 tsp sugar
- 1 10-12 oz can of chickpeas

image from Kitchn



# Student Life

## Delicious Recipes

By Sarah Pham



image from *Vegetarian Times*

### Roasted Vegetables: (Marinade for 15 min)

- 1/2 tsp each of garam, masal, paprika
- 1/2 tsp salt
- 1/2 tsp tumeric
- 2 tsp ginger paste or minced ginger
- 2 tsp garlic paste or minced garlic
- 2 tsp lemon juice
- 1/2 tbsp water
- 1 tsp nutritional yeast (optional)
- 1 tsp oil

Bake at 400 degree F for 25-30 min and simmer for 2 min.

### Butter Sauce:

1. Heat oil in a skillet over medium heat. Add garlic and cook until golden. Add in 1 bay leaf with the garlic for additional flavor. Remove these before serving.
2. Puree the tomato with the chopped ginger and half the green chile. Add to the skillet and cook until the puree starts to thicken and does not taste raw tomatoey. Dont wash the blender.
3. In the same blender, blend the cashews and water until smooth. Blend the cashews for a minute, let it rest for a minute and then blend again for about a minute for a creamy result. Works with unsoaked cashews. Or use premade thin cashew cream (about 1/2 cup).
4. Reserve 1 tbsp of the cream for garnish. Add the rest of the cashew cream to the skillet. Add spices, fenugreek leaves, salt and sugar and mix well. Use 1/2 cup water to rinse out your blender and add to the skillet. Mix and Bring to a boil. Taste and adjust salt, heat (add cayenne) and sweet. Add more water if needed for preferred consistency. Add more cashew cream for creamier.
5. Fold in the chickpeas and/or roasted vegetables. Simmer for a minute. Mix in the julienned ginger and green chile. Alternatively, mix half of the ginger and chile and use half as garnish. Add a drizzle of the cashew cream and other garnishes as pepper flakes, chopped cilantro. Serve over rice or naan.

### THE BEST VEGAN APPLE CRISP

Recipe by: *Minimalist Baker*

### Ingredients:

#### Filling:

- 8 medium/large apples (4 tart, 4 sweet)
- 1 lemon, juiced
- 2/3 cups coconut sugar
- 1 1/2 tsp ground cinnamon
- 3 tbsp arrowroot starch or cornstarch
- 1/4 cup fresh apple juice
- 3/4 tsp fresh grated ginger (optional)
- pinch of nutmeg (optional)

#### Topping:

- 1 cup gluten free rolled oats
- 1/2 cup almond meal
- 1/2 cup unbleached all purpose flour
- 1/2 cup sub organic cane sugar
- 1/2 cup organic brown sugar
- 1/2 cup pecans, roughly chopped
- 1/4 tsp sea salt
- 1 tsp ground cinnamon
- 1/2 cup melted cocunt oil

### Instructions

1. Preheat oven to 350 degrees F (176 C).
2. Peel apples, quarter, remove cores, and use a paring knife to thinly slice lengthwise (see photo).
3. Add to a large mixing bowl and top with remaining filling ingredients. Toss to combine. Add to a 9x13 (or similar size) baking dish.
4. Rinse and wipe out your mixing bowl and add all topping ingredients. Stir to combine, then use fingers to break down any clumps of muscovado sugar. Pour over apples in an even layer.
5. Bake for 50 minutes to 1 hour (uncovered) or until the filling is bubbly, the apples are very fork tender (especially in the center of the dish), and the topping is deep golden brown.
6. Let rest at least 30 minutes before serving. This is delicious with coconut whipped cream or vanilla bean coconut ice cream.
7. Best when fresh, though leftovers keep covered in the refrigerator up to 3 days, or in the freezer up to 1 month. Reheat in the microwave or in a 350-degree F (176 C) oven until warmed through.

# Student Life

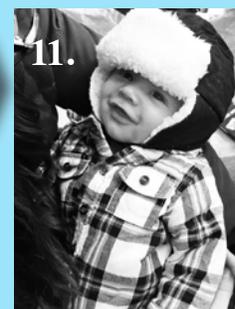
## Dental School Babies!

All photos submitted by willing parents

Congratulations to all of the parents of babies born during our Spring 2018 semester! As our class sizes increase to 50, our baby population also increases. We love to see the bright new faces that our students bring into the world.

(In no particular order):

1. Kalene (D2) and Jesse: Baby Annika
2. Loren (D4) and Meg: Baby Naomi
3. Marc (D4) and Alexis: Baby Allison
4. Derek (D3) and Laura: Babies Olivia and Kendall
5. Clayton (D3) and Christy: Baby Dash
6. Alex (D4) and Kristen: Baby London (born during the WREB!)
7. Calvin (D2) and Ashley: Baby Ava
8. Phillip (D1) and Tara: Baby Jason
9. Michael (D1) and Lacy: Baby Kinsley
10. Jaden (D1) and London: Baby Katelyn
11. Dakota (D1) and Ciara: Baby Daniel
12. Garrett (D2) and Sherisse: Baby Kennedy
13. Bracken (D2) and Andrea: Baby Roma
14. Jamie (D3) and Andrew: Baby William James (Gus)





***Thank you to our writing contributors; our photo contributors; our newsletter lead and editor, Madison Day; and our administration for making this edition of the newsletter. Congratulations graduates and welcome to the wonderful world of dentistry!***